Recreation Calendar



Wednesday, January 1, 2025

Public/Lap Swim

Date and Time: Wednesday, January 1 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Thursday, January 2, 2025

Public/Lap Swim

Date and Time: Thursday, January 2 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Teen/Adult Swim

Date and Time: Thursday, January 2 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Friday, January 3, 2025

Public/Lap Swim

Date and Time: Friday, January 3 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Free Public Skate

Date and Time: Friday, January 3 7:30 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Teen/Adult Swim

Date and Time: Friday, January 3 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Saturday, January 4, 2025

Public Swim

Date and Time: Saturday, January 4 1:00 pm - 2:30 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Monday, January 6, 2025

Public/Lap Swim

Date and Time: Monday, January 6 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Aquafitness

Date and Time: Monday, January 6 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Monday, January 6 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Family Swim

Date and Time: Monday, January 6 $6{:}00\ pm$ - $7{:}00\ pm$

Public Swim

Date and Time: Monday, January 6 7:00 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Monday, January 6 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Tuesday, January 7, 2025

Public/Lap Swim

Date and Time: Tuesday, January 7 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult & Tot Swim/Lap Swim

Date and Time: Tuesday, January 7 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Tuesday, January 7 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Tuesday, January 7 $6{:}30\ pm$ - $8{:}00\ pm$

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Tuesday, January 7 8:00 pm - 9:00 pm

Wednesday, January 8, 2025

Public/Lap Swim

Date and Time: Wednesday, January 8 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Aquafitness

Date and Time: Wednesday, January 8 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Wednesday, January 8 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Thursday, January 9, 2025

Public/Lap Swim

Date and Time: Thursday, January 9 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Tot Swim & Sr Water Aerobics

Date and Time: Thursday, January 9 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Thursday, January 9 12:00 pm - 1:00 pm

Public Swim

Date and Time: Thursday, January 9 6:30 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Thursday, January 9 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Friday, January 10, 2025

Public/Lap Swim

Date and Time: Friday, January 10 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Aquafitness

Date and Time: Friday, January 10 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Friday, January 10 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Family Swim

Date and Time: Friday, January 10 6:00 pm - 7:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Friday, January 10 7:00 pm - 8:00 pm

Teen/Adult Swim

Date and Time: Friday, January 10 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Saturday, January 11, 2025

Public Swim

Date and Time: Saturday, January 11 1:00 pm - 2:30 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Sunday, January 12, 2025

Family Swim

Date and Time: Sunday, January 12 6:00 pm - 7:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Sunday, January 12 7:00 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Sunday, January 12 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Monday, January 13, 2025

Public/Lap Swim

Date and Time: Monday, January 13 9:30 am - 10:30 am

Aquafitness

Date and Time: Monday, January 13 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Monday, January 13 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Family Swim

Date and Time: Monday, January 13 6:00 pm - 7:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Monday, January 13 7:00 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Monday, January 13 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Tuesday, January 14, 2025

Public/Lap Swim

Date and Time: Tuesday, January 14 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult & Tot Swim/Lap Swim

Date and Time: Tuesday, January 14 10:30 am - 11:30 am

Adult/Lap Swim

Date and Time: Tuesday, January 14 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Tuesday, January 14 6:30 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Tuesday, January 14 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Wednesday, January 15, 2025

Public/Lap Swim

Date and Time: Wednesday, January 15 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Aquafitness

Date and Time: Wednesday, January 15 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Wednesday, January 15 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Thursday, January 16, 2025

Public/Lap Swim

Date and Time: Thursday, January 16 9:30 am - 10:30 am

Adult Tot Swim & Sr Water Aerobics

Date and Time: Thursday, January 16 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Thursday, January 16 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Thursday, January 16 6:30 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Thursday, January 16 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Friday, January 17, 2025

Public/Lap Swim

Date and Time: Friday, January 17 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Aquafitness

Date and Time: Friday, January 17 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Friday, January 17 12:00 pm - 1:00 pm

Family Skate

Date and Time: Friday, January 17 5:00 pm - 6:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Family Swim

Date and Time: Friday, January 17 6:00 pm - 7:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Friday, January 17 7:00 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Skate

Date and Time: Friday, January 17 7:30 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Teen/Adult Swim

Date and Time: Friday, January 17 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Saturday, January 18, 2025

Public Swim

Date and Time: Saturday, January 18 1:00 pm - 2:30 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Sunday, January 19, 2025

Family Swim

Date and Time: Sunday, January 19 6:00 pm - 7:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Sunday, January 19 7:00 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Sunday, January 19 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Monday, January 20, 2025

Public/Lap Swim

Date and Time: Monday, January 20 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Aquafitness

Date and Time: Monday, January 20 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Monday, January 20 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Family Swim

Date and Time: Monday, January 20 6:00 pm - 7:00 pm

Public Swim

Date and Time: Monday, January 20 7:00 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Monday, January 20 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Tuesday, January 21, 2025

Public/Lap Swim

Date and Time: Tuesday, January 21 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult & Tot Swim/Lap Swim

Date and Time: Tuesday, January 21 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Tuesday, January 21 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Tuesday, January 21 6:30 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Tuesday, January 21 8:00 pm - 9:00 pm

Wednesday, January 22, 2025

Public/Lap Swim

Date and Time: Wednesday, January 22 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Aquafitness

Date and Time: Wednesday, January 22 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Wednesday, January 22 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Thursday, January 23, 2025

Public/Lap Swim

Date and Time: Thursday, January 23 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Tot Swim & Sr Water Aerobics

Date and Time: Thursday, January 23 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Thursday, January 23 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Thursday, January 23 6:30 pm - 8:00 pm

Adult Swim

Date and Time: Thursday, January 23 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Friday, January 24, 2025

Public/Lap Swim

Date and Time: Friday, January 24 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Aquafitness

Date and Time: Friday, January 24 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Friday, January 24 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Family Swim

Date and Time: Friday, January 24 $6{:}00\;pm$ - $7{:}00\;pm$

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Friday, January 24 7:00 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Teen/Adult Swim

Date and Time: Friday, January 24 8:00 pm - 9:00 pm

Saturday, January 25, 2025

Public Swim

Date and Time: Saturday, January 25 1:00 pm - 2:30 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Sunday, January 26, 2025

Family Swim

Date and Time: Sunday, January 26 6:00 pm - 7:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Sunday, January 26 7:00 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Sunday, January 26 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Monday, January 27, 2025

Public/Lap Swim

Date and Time: Monday, January 27 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Aquafitness

Date and Time: Monday, January 27 10:30 am - 11:30 am

Adult/Lap Swim

Date and Time: Monday, January 27 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Family Swim

Date and Time: Monday, January 27 6:00 pm - 7:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Monday, January 27 7:00 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Monday, January 27 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Tuesday, January 28, 2025

Public/Lap Swim

Date and Time: Tuesday, January 28 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult & Tot Swim/Lap Swim

Date and Time: Tuesday, January 28 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Tuesday, January 28 12:00 pm - 1:00 pm

Public Swim

Date and Time: Tuesday, January 28 6:30 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Tuesday, January 28 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Wednesday, January 29, 2025

Public/Lap Swim

Date and Time: Wednesday, January 29 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Aquafitness

Date and Time: Wednesday, January 29 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Wednesday, January 29 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Thursday, January 30, 2025

Public/Lap Swim

Date and Time: Thursday, January 30 9:30 am - 10:30 am

Adult Tot Swim & Sr Water Aerobics

Date and Time: Thursday, January 30 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Thursday, January 30 12:00 pm - 1:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Thursday, January 30 6:30 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult Swim

Date and Time: Thursday, January 30 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Friday, January 31, 2025

Public/Lap Swim

Date and Time: Friday, January 31 9:30 am - 10:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Aquafitness

Date and Time: Friday, January 31 10:30 am - 11:30 am

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Adult/Lap Swim

Date and Time: Friday, January 31 12:00 pm - 1:00 pm

Family Skate

Date and Time: Friday, January 31 5:00 pm - 6:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Family Swim

Date and Time: Friday, January 31 6:00 pm - 7:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Swim

Date and Time: Friday, January 31 7:00 pm - 8:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Public Skate

Date and Time: Friday, January 31 7:30 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

Teen/Adult Swim

Date and Time: Friday, January 31 8:00 pm - 9:00 pm

Address: 729 Synagogue Avenue, Iroquois Falls, ON

https://events.iroquoisfalls.com